

Medical Pre-Authorization List

Provider Services

Regence BlueCross BlueShield of Oregon Commercial Products (Participating, Preferred and Access)

Effective January 1, 2007



Important Pre-authorization Reminders:

- 1 Before requesting pre-authorization, please verify eligibility, benefits and medically managed delegation services through Customer Service.
- 2 Verification of member eligibility is valid if obtained within five business days of service except in the case of misrepresentation.
- 3 Member contracts determine benefits. Contract exclusions will not be pre-authorized. Denials may be appealed through Customer Service.
- 4 Pre-authorizations obtained within 90 business days prior to service are valid except in the case of a misrepresentation.
- 5 Medical policies related to specific pre-authorization requirements may be available online at www.regence.com/trgmedpol.

Phone: (503) 220-4795

Toll free: 1 (800) 824-8563

Fax: (503) 525-6595

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Regence

Regence BlueCross BlueShield of Oregon is an Independent Licensee of the Blue Cross and Blue Shield Association

Commercial Products

Effective January 1, 2007

Mental Health and Chemical Dependency

All Participating, Preferred and Access members (except FEP)

Phone: 1 (800) 547-9718

Fax: 1 (800) 331-3505

- **Inpatient/partial/residential** admissions require notification. Concurrent review will occur after eight days.
- **Outpatient** - Concurrent review will occur after 30 visits or after eight visits for PEBB preferred providers only.

FEP members

Phone: 1 (866) 873-9743

Fax: 1 (800) 331-3505

- **Inpatient/residential/partial hospitalization/intensive outpatient services** within 48 hours of admission
- **Outpatient** - Basic option at first visit; Standard option at ninth visit

Durable Medical Equipment (DME)

Pre-authorization not required for FEP members.

- **Equipment purchase or repair** with billed charges over \$1,500 for any single line item or component unless listed as an exception (see below)
- **Equipment rental** with billed charges over \$500/month for any single line item or component unless listed as an exception
- **Extremity prosthetics** with billed charges over \$5,000 for any single line item or component
- **Exceptions (the following items do not require pre-authorization, regardless of line item charges)**

Apnea monitors, bilirubin lights, cardiac monitors, CPAP/BiPAP, CPM (knee only), dynamic splints, home dialysis equipment, infusion pumps, insulin pumps, ocular prostheses, orthotics, oxygen and oxygen equipment, psoriasis lights, SIDS monitors, suction pumps, ventilators (including maintenance)

Home Services

Pre-authorization not required for FEP members.

- **Home health services** - Required after 10 collective visits of all provider types
- **Hospice** - Including level of care changes

Inpatient Admissions

- **All hospital admissions require notification.** Concurrent review will occur after seven days.
- **Long term acute care facility (LTAC)**
- **Rehabilitation**
- **Skilled nursing facility (SNF)**
- **Transplants and ventricular assist devices** (pre-authorization not required for corneal transplants)

Phone: 1 (800) 560-0749

Fax: (503) 226-8754

Other Services

Pre-authorization not required for FEP members.

- **Cosmetic or potentially cosmetic procedures** (pre-authorization not required for initial breast reconstruction one or two stages and nipple/areola reconstruction following mastectomy)
- **Obesity surgery**
- **Orthognathic surgery**
- **Sleep apnea surgery**
- **Investigational or potentially investigational services** may not be covered under the member's contract. However, pre-authorization is recommended for any policy that has specific medical necessity criteria in addition to the experimental and investigational language.

Pregnancy

Providers are required to notify Special Beginnings[®] of pregnancies within two weeks of the member's first prenatal visit.

Toll free: 1 (888) 569-2229

Fax: (503) 391-8696

A list of these services and their respective medical policies can be found at: www.regence.com/trgmedpol/investigationalServices/index.html. The above list is not all inclusive, please call for specifics.

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